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Our 60th Anniversary

Sixty years ago, a group of parents looking for answers to their questions about cerebral palsy, and services for their children, came together to form Cerebral Palsy of Suffolk. They knocked on doors to raise money and awareness, and by the mid 50's they began offering rehabilitative services. In 1959 ground was broken for the Suffolk Rehabilitation Center, on Indian Head Road.



the decade progressed, preschool and school age education programs were introduced, and clinical and medical services were extended to adults. Camp Indian Head welcomed its first youngsters in the late 60's and we began providing services to BOCES.

The 1970's

The 70's dawned with a full day children's program filling the space on Indian Head Road. Portable activity rooms were added at the rear of the property, and a vocational exploration and rehabilitation program began. Ladies Auxiliaries and participation in a new nation wide Telethon became the core of volunteer fund raising efforts. In 1979 the organization joined an affiliate network,

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The 1960's

In the early 60's specialty medical care in pediatrics, otolaryngology, orthopedics, neurology ophthalmology and psychology became available at Suffolk Rehab, followed by an audiology center, the first in Suffolk County. As

Walking and Wheeling

It was a spectacular fall day in October, when more than 600 friends, employees and participants joined forces at Belmont Lake state park for our second annual 5K Walk & Wheel, raising more than \$70,000. Bethpage Federal Credit Union returned as Presenting Sponsor this year, and was joined by the repeat generous support of M&T Bank, TD Bank and New York Therapy Services. The Estee Lauder Companies,

Carlin Business Systems and The Winter Family also joined as major sponsors this year.

"We decided to do a walk and wheel instead of a race because we wanted to include all of our program participants, friends, family and employees in promoting life without limits for people with disabilities. We had over 100 participants with disabilities in attendance today, truly living life without limits," said Stephen H. Friedman, UCP Suffolk President/CEO.



2011 5K Walk & Wheel Kicks-Off

All of the walkers and wheelers were treated to beverages, bagels, fruit and snacks courtesy of donations from Breaktime Deli & Catering, Big Geysler Inc., Peter's Fruit Company, Pepsi Long Island Bottling Company, Pop Chips, Bagel Chalet, Suffolk County Banana, Walkers Shortbread Cookies, Entenmann's and Atkins.

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From The CEO's Desk



HURRICANE IRENE

Hurricane Irene may be behind us but words cannot express the feeling of pride and thanks I have for the work that all of our management and staff did in both preparing for the storm and getting everyone safely through it.

The years of planning and training, by the Disaster Preparedness and Recovery Committee guaranteed that we were all well prepared. The Committee's hard work assured that everyone was safe and well cared for both during and after the storm.

Residential Services worked days in advance preparing and then provided exemplary care for each resident throughout the storm and the days that followed. Eleven of our homes experienced power outages for up to seven days and one residence had to be relocated. The professional high quality of care that each member of the Residential staff provides each day never decreased because of the challenges of Irene.

Whether it was long hours preparing for the Hurricane or cleaning up afterwards, the Facilities Services staff was just outstanding. Power outages and trees down did not stop them from providing constant support to each of our 30 homes and seven other buildings.

Management Information Systems (MIS) worked before the storm preparing our data and communication systems. After the storm they worked non-stop restoring these services and setting up temporary sites to assure that programs and services were never interrupted.

Even with roads blocked and flooded, members of the staff from Finance, Service Coordination, Day Programs, Purchasing, Human Resources, Development, the Health Center, Home/Community Support, and Reception came in on the Monday, following the storm, to help in the agency recovery and to check on those individuals living on their own.

I am sure you all join me in thanking them for their exceptional work.

AGENCY OF THE YEAR

There is no greater honor than receiving an award from the individuals that we serve. At the 2011 Annual Conference of the Self-Advocacy Association of New York State, Inc. (SANYS), UCP Suffolk was presented the 2011 Agency of the Year award. Marisol Getchius our Advocacy Assistant accepted the award on behalf of the agency. I want to thank SANYS for this wonderful recognition and the work that they

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UCP Welcomes New Board Members



Anthony Bertrami



Lawrence Levy



Howard Rowland



Gerard Schmitt

We welcomed four new members to our Board of Directors. Each will serve a three-year term.

Stephen H. Friedman, President/CEO said, "I am pleased to welcome such distinguished new Board members to our team. I look forward to working with each of them to create life without limits for people with disabilities."

Anthony Bertrami, M.S., CLU of A. Bertrami & Associates, Business Estate Planning Specialist transitioned from a career in higher education with the State University of New York to the fields of insurance and financial planning in the early 70's, and received his Chartered Life Underwriter (CLU) designation in 1976. Since then, he has developed a large and loyal client base by understanding his clients' problems and desires, and offering creative strategies. Tony has been an active member of our Gala and Golf Classic committees, and was honored at the 2009 golf classic.

Lawrence C. Levy, Executive Director, National Center for Suburban Studies at Hofstra University has more than 30 years experience as a reporter, editorial writer and columnist, winning many of journalism's top awards. As Director he works to shape an innovative agenda, forge alliances with other institutions, not-for-profit groups and government agencies and promote the study of the suburbs. A member of a Brookings Institution advisory panel, guest Contributor on NYTimes.com and CNN.com, Larry appears on local and national television and radio and is the co-host of "Face Off," a public affairs program on PBS.

Howard Rowland, President, E.W. Howell Company, Inc. has been a galvanizing presence, for more than 25 years, expanding the firm into new markets and emerging areas of expertise while maintaining the company's commitment to excellence, integrity and professionalism. A partnership with E.W. Howell resulted in the construction of our Health Center in Central Islip. Howie has been an active presence on our Golf and Gala committees for several years, and was honored at one of our most successful galas.

Gerard Schmitt is Vice President of Marketing for Bethpage Federal Credit Union. As such, Jerry is responsible for the credit union's strategic marketing direction and defining key marketing priorities. He has vast knowledge and career experience in the fields of marketing and advertising. Jerry's initial involvement with UCP Suffolk was as a strong contributor to the planning and implementation of our 5K Walk and Wheel in 2010, kicking off our 60th Anniversary Year Celebration.

UCP Opens 30th Residence

Former strangers became fast friends and created a family unit when UCP proudly opened its 30th residence in Suffolk County. Teed house is home to six young men with developmental disabilities. The house is one of 19 fully accessible homes created by UCP Suffolk.

The residential program enables individuals with disabilities to live independently with the assistance of on-site staff. Learning to live as independently as possible is a major goal for all of our program participants.

In addition to making the structure and the yard of each house aesthetically pleasing, a lot of planning goes into making a house an accessible home. A few seemingly simple adjustments promote an independent lifestyle for each resident. When planning for the renovation or construction of a new home, UCP staff work closely with the architect and construction companies to incorporate modifications which enable the occupants to truly feel comfortable and maximize their self reliance.

Wider doorway openings and hallways are specifically designed to allow a person in a wheelchair to easily move throughout the residence. In addition, height adjustments have been made to counter tops, sinks and light switches to encourage independent living.

Each resident in this home has his own bedroom. Through decorations they are able to express their individuality. There is a common dining area, living/family room as well handicap accessible bathrooms.

According to Residential Manager, Zena Colon, "All the guys have done well transitioning to new surroundings and new housemates. Each one seems so happy to be here. You can tell, they have settled in and really feel at home. She continued, "We have seen some of the residents experience great personal growth in the new setting and many positive personality changes have occurred, as independence is gained."

North Fork Art Show

The sprawling grounds of Osprey's Dominion Vineyards served as the setting for our UCP Suffolk Program Participants North Fork Art Show. The exhibit featured 24 original pieces of art created by artists with disabilities, who attend our day programs. Many of the artists welcomed the opportunity to discuss their techniques and tell how they have personally benefited from the creative arts programs at UCP.

The arts, a vital component of our day programs, provide an opportunity for participants to explore a variety of media. "Many of our artists begin with little or no previous exposure," said Pat Caso, Director of Adult Day Services. The UCP art program fosters and nurtures the creative process, enabling each artist to develop hidden talents which often open a world of self-discovery and expression.

In the past, many of our artists have had their exhibited work purchased at shows and auctions. Each artist is personally compensated for the work sold with a portion of the income reinvested in the creative arts program.



Van's Sunflowers, Artist Janine Lamia

"During this, our 60th year, we are more pleased than ever to be able to have our artists share an impressive body of work with the North Fork Community and its visitors. The artists really enjoy socializing, as they mingle with guests and are recognized for their creative

achievements," said Stephen H. Friedman President / CEO.

Additional paintings and drawings by these and other UCP artists remain available for purchase. Please contact UCP Suffolk at 631-232-0015.

Celebrate 60 Years!

Put on your dancing shoes, and mark your calendar for Friday, October 28! Join us as we culminate our 60th year with our gala Dinner Dance Celebration at Flowerfield in St. James.

This year we are proud to honor Robert B. Catell, Chairman, Advanced Energy Research and Technology Center (AERTC) at New York State University at Stony Brook; Past Islip Town Councilwoman and Town Clerk Pam Greene, Suffolk County Department of Environment & Energy Division of Real Property Acquisition Management and her husband Michael Dawidziak, political consultant and pollster. Pam and Mike are founders of the Rollstone Foundation, which facilitates the adoption of special needs children.

Author, Emma Walton and her husband, actor & acting teacher Stephen Hamilton, along with Splashes of Hope will receive the prestigious UCP Suffolk Life Without Limits award. Emma and Steve actively support youngsters with disabilities through CTREE, a therapeutic equestrian program and Splashes of Hope has painted beautiful murals in both of our children's residences and recently completed a magnificent project at our Children's Center. Follow our website for detailed information on seats and sponsorship opportunities. We look forward to seeing you! Questions should be directed to the Development Office at 631-232-0015.

Valuable Interview Experience

For the second year, individuals with disabilities served by “The Employment Connection”, a division of UCP Suffolk, as part of Manpower’s LIVE (Long Island Volunteer Enterprise) project benefited from a unique opportunity. Diana Whiting, Branch Manager of Manpower, conducted mock employment interviews for individuals.

Marci Porcano, Manpower Branch Manager, gave an overview of employer expectations. She led an interview skills workshop, where she provided attendees with valuable insights into the overall job search/interview process. “The Employment Connection” supplied participants with job descriptions and gave the interviewers copies of the applicants’ resumes.

The Manpower professionals held mock interviews with individuals in UCP Suffolk’s job placement, supported employment and employment training areas, and met with those seeking employment whose difficulty obtaining jobs is compounded by the current economic climate. The job ready skills of the applicants included clerical, reception, customer service, stock, assembly, cashier, porter and childcare. Afterwards, participants were critiqued and had the chance to



Representatives from Manpower (left) and The Employment Connection Staff

see videos of their interviews.

“Those enrolled in “The Employment Connection” face a range of daily challenges, which do not prevent them from being productive members of the workforce. These challenges might include a hearing impairment, learning disabilities, or developmental disabilities, such as cerebral palsy and acquired disabilities such as multiple sclerosis,” said Roberta Kushner, Vocational Rehabilitation Coordinator of “The Employment Connection.”

This experience afforded participants valuable information not generally provided during the interview process. Both Manpower and UCP Suffolk staff found this partnership to be a mutual worthwhile experience and hope that it continues. The participants were in agreement saying they found it to be, “an educational as well as a confidence building experience.”

Both the UCP Suffolk The Employment Connection and Manpower are active members of the Hauppauge Industrial Association. For further information on applicants and employment opportunities for individuals with disabilities, call Roberta Kushner at UCP Suffolk, (631) 232-0011, extension 535.

Klein Receives CFO of The Year Award



Janine Klein

Long Island Business News, the island’s premier business publication, initiated a CFO of the Year Award in 2011, and our own Janine Klein was honored in the large Not-for-Profit category.

Since joining UCP Suffolk almost 15 years ago, Janine has overseen the doubling of the agency’s budget, the expansion of programs, and the acquisition of a smaller organization. She has earned this recognition through her financial acuity, attention to detail and extraordinary commitment, not just to the UCP Suffolk bottom line, but to the well-being and enriched life of each of 3500 individuals with disabilities we serve annually.

According to President, CEO Steph Friedman, “Janine is one of the strongest links in the UCP Suffolk chain, a vital team member, involved in every aspect of the agency. We could not be prouder to see her so appropriately honored.”

Embracing Our Differences



Perspectives from a Wheelchair, Artist Rolf Walters

In the spring of 2011, UCP Suffolk program participant Rolf Walter submitted an original painting titled “Perspectives from a Wheelchair” for inclusion in the annual Embracing our Differences outdoor art exhibit. Coordinated by the Suffolk Center on the Holocaust, Diversity

& Human Understanding, in conjunction with Suffolk County Community College and the Long Island Museum, this traveling exhibit features works of art that speak to the issues of diversity and mutual respect and understanding. Rolf’s piece was the first submitted by a person with a disability, and it was one of the winning entries selected for the 2011 Show. The exhibit kick-off and a special event recognizing the Embracing Our Differences 2011 artists and sponsors will take place on October 18 at Heckscher Park in Huntington. The extended UCP family is extremely proud of Rolf and thrilled to share his talents with our community.

New Play Space Makes A Big Splash!

A multi-year campaign to fund conversion of the Children's Center "P.T." room into an Indoor Play Space has come to a beautiful culmination.

Grants secured from the former New York Mercantile Exchange (NYMEX) Foundation, the Chicago Mercantile Exchange (CME) Group Community Foundation, The Theresa Foundation, Bank of America and the Knapp Swezey Foundation combined with donations from Kings Park and Commack High Schools, and dollars raised by "Team Joey" in our 2010 5K Walk & Wheel covered the cost of a new safety surface and therapeutic play equipment. The finishing touch was added by Splashes of Hope, whose custom murals on each large wall of the Play Space created a seasonal wonderland.



*Children's Center Mascot,
Honey Bear*

The talented team of Splashes professionals and volunteers spent 10 – 12 hour days at the Children's Center. They engaged our own youngsters in the transformation, giving them the opportunity to assist in the painting process. "It is amazing how quickly the volunteers brought the feeling of an outdoor play area inside. The ultimate objective is to have an indoor play space consistent with a traditional outdoor play space for our youngsters. We are fortunate to have the talent of the Splashes professional and volunteer artists and the creation of the mural bring us closer to that reality," said Children's Center Principal, Beth Apostoli.

This "gift" to UCP Suffolk from Splashes of Hope was underwritten by The Estée Lauder Companies and a special auction held at the Splashes Gala in the Spring of 2011. It is also not the first time UCP Suffolk has been "Splashed." Four years ago, Splashes of Hope customized all of the bedrooms and several common areas at our two children's residences. A celebration of the new Play Space is scheduled for early October.

1st Annual Chili Cook-Off



Winning Greenlawn Fire Department Teams

The Greenlawn Fire Department really got things stirred up when it hosted the first annual Chili Cook-Off to benefit United Cerebral Palsy Association of Suffolk, Inc. (UCP). All proceeds went to directly support the programs and services provided annually by UCP to almost 3,500 local individuals with disabilities and their families.

"UCP thanks all of the participating fire departments, especially Greenlawn and Chief Scott Dalrymple. Chief Dalrymple's leadership and enthusiasm made this event possible," said James Aspromonti, UCP Suffolk Board of Directors Vice-Chair of Development, who attended with his family.

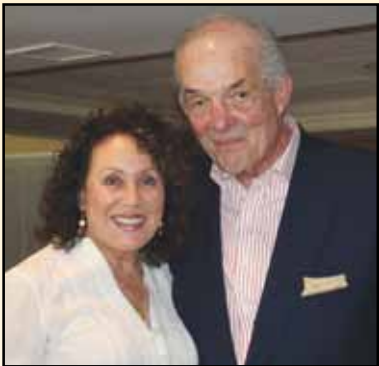
Twenty entries from area fire departments including fire fighters from Centerport, St. James, Melville, Huntington Manor, Cold Spring Harbor, Kings Park, Lindenhurst, Northport, Greenlawn and others competed in the event for the coveted best chili award in three categories; mild – one alarm, medium – three alarm and super hot – five alarm. There was also People's Choice prize.

The category winners were chosen by a panel of judges comprised of Huntington Town Board member Susan Berland, The Long Islander Editor, Foodie Editor and Associate Publisher Pete Sloggatt and celebrity fire house chef Joseph Bonanno.

The Northport Fire Department chili won in the mild category, the Greenlawn Hook and Ladder Company won in the medium, Lindenhurst Fire department won for the best Super Hot Chili and the Greenlawn Hose Company No. 1 took home the People's Choice Award, determined by the tasters.

"Our guys loved doing this," commented Chief Dalrymple, "and we look forward to welcoming even more competitors and tasters next year."

Golf Classic Raises Over \$210,000



Sydelle & Marvin Salenger

We welcomed a full field of golfers and two hundred dinner guests to our annual Golf Classic at the Glen Head Country Club on June 6. The event was sponsored by Arch Insurance Group.

This year the agency was proud to honor East Northport resident, Marvin Salenger of Salenger, Sack, Kimmel & Bavaro,

LLP. He is considered, by many, to be one of the premier trial attorney's in the country and has been a good friend to UCP. Chris Schaefer of The Schaefer Agency, Inc., returned to chair the event, with the assistance of honorary co-chairs Richard B. Lewis, R.B. Lewis Associates, Inc., and Joe Ricci of JPR Risk Management.

Longtime and new friends who attended the event enjoyed a spectacular day of golf, fine food, camaraderie and came together to raise over \$210,000 in support of our programs and services.

Golfers were treated to all of the usual Glen Head amenities including a pristine course, glorious views, and extensive brunch and dinner buffets. Most especially, the day offered the opportunity for friends and supporters, to partner with UCP Suffolk in creating Life Without Limits for people with disabilities.



Walking and Wheeling *(Continued from page 1)*



Coleen West - Levy & Joe Ross

Some of the wheelers had help from volunteer buddies in completing their two laps around Belmont Lake. Others were able to navigate the path on their own. A few people chose to run the path while others strolled. As each person completed the course, they were met by cheers from a crowd of friends waiting to welcome and congratulate them.

"I don't know if I've ever walked this far with my walker and not using a wheel chair," commented one beaming young woman at the finish, who had attended The UCP Suffolk Children's Center as a youngster. "I set a personal goal for myself here today and I am thrilled and proud that I was able to achieve it. It's just another example of how UCP Suffolk has supported

my goals over the years and helped me gain the skills and confidence to attain them."

A great big thank you to all who made this event such a success! Especially the following supporters: The Pfundstein Family, UCP Residential Home Heart, Breaktime Deli & Catering, 94 X radio station, UCP Suffolk The Employment Connection, Day Treatment Team, Cindy Leverich & Nick Ravo, Ramesh Shah, Hillary & Michael Sweet.



The Winter Family

Neighborhood Scramble A Success

The annual Kathleen O. Maul Memorial Neighborhood Scramble returned to the Hamlet Wind Watch in Hauppauge. It was a perfect day for golf and a fabulous networking opportunity for those who joined together to support UCP Suffolk and recognize honoree, Dan Barnes of The Estee Lauder Companies. New York Community Bank Foundation returned as Presenting Sponsor, and Moritt Hock & Hamroff, LLP also provided major support for the event. Over \$85,000 was raised to enhance the daily and residential programs offered by UCP Suffolk.



Honoree Dan Barnes & Stephen H. Friedman

President/CEO, Stephen H. Friedman, noted, "Dan Barnes is

a long time friend, former Board Member and deeply caring person who has been supportive of UCP Suffolk for a number of years. We are happy to have the opportunity to honor his contributions to our agency."

Friedman added, "UCP is also very grateful to all of the golfers and sponsors who came out in support of UCP at this event. We are especially pleased to have had Bob Tils of Moritt Hock & Hamroff as our returning chair. His ongoing involvement is key in the success of this event, enabling us to continue to offer the opportunity for life without limits for people with disabilities.

Applebee's joined the event this year, by donating food for on-course hospitality throughout and once again golfers enjoyed pies donated by Briermere Farms. The TV55 Weatherman, Dave Weiss kept the evening lively as MC for the post golf awards dinner.



Special Thanks To Special Friends

Almost 100 of our most loyal and long term donors enjoyed an elegant "Sunset on the Sound" at the Vanderbilt Museum in Centerport on the evening of May 12th.

"So many members of our community have extended their friendship and generosity to UCP Suffolk for five, 10 and even 15 consecutive years," said President/CEO Stephen Friedman. "We wanted to do something a little different to say thank you in a special way."

"The reception was absolutely wonder-



Director of Adult Day Programs, Pat Caso (far right) and the Schuart Family

ful," commented parent, board member and 30 year UCP supporter Polly Neyssen. "The venue was beautiful, the weather was perfect and it was a good opportunity to meet and mingle with those who are as committed to UCP Suffolk as we are."

"Based on the very positive feedback from the gathering (made possible by donations from Uncle Giuseppe and Butera's of Sayville) similar events will be planned for the future," commented Director of Development, Marsha Gittleman.

Eagle Scout Project



Pictured (l-r) Scouts Daniel Jiritano, Christopher and Ryan March.

Boy Scout Daniel Jiritano from Commack Troop 125, recently presented his Eagle Scout Project to The Children's Center at UCP Suffolk. Having a mild disability himself, Daniel, a 16 year old at St. John The Baptist High School in West Islip said he knows how the kids at The Children's Center

feel and wanted to do his project to make their lives better. Working toward becoming an Eagle Scout, he raised funds to build a sand table and replacement ascending and descending steps for the physical therapy room, originally donated to The Center by a boy scout some 25 years ago.

"The old steps were beginning to age, and we are thrilled that Daniel thought of UCP and was able to build a unit to replace a valuable piece of equipment for us. The Children's Center is proud to accept the items and be benefactors of his Eagle Scout project," said Sherri Glazer, Assistant Director of Education Services. She added, "a great big thank you to Daniel and congratulations for a job well done!"

Special Guests Are Always Welcome



When Carol Pesek and her beagle Calvin, volunteers with the Patchogue Rotary Animal Assisted Therapy (PRAAT), recently visited The Children's Center, the students and staff welcomed their return with open arms.

"We look forward to Carol and Calvin's visits. Some of the kids are reticent to directly engage the dog, but most of them are thrilled. Calvin seems to enjoy the visits as much as we do," said Sherri Glazer, Assistant Principal at The Children's Center.

Pet therapy incorporates programs that provide the joy and companionship of pets and animals to children, to those who are ill, or those who are mentally or physically disabled. Documented benefits of Animal Assisted Therapy include lower blood pressure, reduction in anxiety and stress, improved motor skills, communication, eye contact and even temperament.

"Our visits to the UCP Children's Center have been positive, uplifting experiences for staff, students, Calvin and me," explains Pesek, "Smiling is ALWAYS good medicine."

Play For All

Staff and students at The Children's Center welcomed students from Commack High School, and the new portable play equipment the students created expressly for the youngsters with disabilities who attend our school. The equipment will be incorporated into the new play space, currently being built at Smiths Lane. Our students showed their gratitude and appreciation by hosting a small presentation and recognition ceremony thanking their high school friends

The Commack High School students designed, created and built indoor portable play equipment (Play for All) for the preschool and school aged children at the Children's Center. The new, portable play equipment has something for everyone. The equipment includes a giant chime, sensory boards and personal tabletop Velcro play boards with various shaped, colored and textured pieces for our kids to play with.



Mobile Sensory Board

"It's wonderful to watch the connections being made between The Children's Center students and the High School students. Everyone involved in the project was deeply touched by the experience. The portable play equipment will allow our students the opportunity to explore their senses and learn while enjoying safe, adapted, play equipment," said Beth Apostoli, The Children's Center Director of Education Services / Principal.

The high school students have a keen interest in engineering and are part of the Real Problems Real Solutions program at their school. Under the direction of educational advisors, the group studies real life engineering issues and devises ways to approach and resolve them. This amazing group of students and their advisors have made huge strides in helping individuals with disabilities and have won statewide and national awards for doing so.

From the CEO's Desk

(Continued from page 2)

do in keeping heard a strong voice, for and by, individuals with developmental disabilities.

PEOPLE FIRST WAIVER

The State of New York is currently developing an 1115 Medicaid waiver that is specifically targeted at individuals with developmental disabilities. By providing services through the new Waiver, New York is hoping to improve the coordination of care and support to individuals with developmental disabilities. The State is looking to replace a large portion of institutional care and reform the financial platform that supports community based services.

The waiver will look to develop and implement "creative service delivery and payment models that integrate acute and long-term care to achieve improved health outcomes and quality of care while lowering health care costs for the developmentally disabled population." The program, known as the People First Waiver will include 100,000+ New Yorkers who are enrolled in Medicaid and have substantial developmental disabilities as defined in New York State Mental Hygiene Law. The State has selected a Steering Committee and Waiver Design Team to achieve the goals set out in the new Waiver. Access and choice, benefits and services, fiscal sustainability and quality are the key areas that the groups are focused on.

The new Waiver will bring dramatic change. Everything being discussed is clearly based on a managed care model similar to those adopted in other states. As part of the Alliance of Long Island Agencies and the Cerebral Palsy Association of New York, we have worked, and will continue to work to help assure that the needs of the individuals in our programs are met. I urge all parents and guardians to visit the website (www.opwdd.ny.gov/2011_waiver/index.jsp) of the Office for People With Developmental Disabilities (OPWDD) and review the materials on the People First Waiver. There is not an individual who is currently or will be receiving services in the future who will not be affected by the new Waiver.

60TH ANNIVERSARY GALA

On Friday, October 28th we are holding our 60th Anniversary Gala at Flowerfield in St. James. This year we are very proud to be honoring Robert B. Catell, Chairman of Advanced Energy Research and Technology Center; Michael D. Dawidziak, President of Strategic Planning Systems, Inc.; and Pamela Greene, Director of the Suffolk County Division of Real Property Acquisition and Management. We will also be presenting our Life Without Limits awards to Emma Walton and Stephen Hamilton, and Splashes of Hope.

I hope you will be able to join us as we celebrate 60 years of creating a life without limits for children and adults with disabilities. Information regarding the event can be found on our website (www.ucp-suffolk.org/dinnerdance.html) or by contacting our Development Department at (631) 232-0015.

Fashion Has Delivered

Thanks to new friends introduced to us by UCP Suffolk Employment Specialist, Jessica Schanars, we have become beneficiaries of Fashion Delivers, a unique, New York City based not-for-profit. Founded by professionals involved in the textile and apparel industries, Fashion Delivers provides new clothing, towels and linens to populations in need.

Amongst the items UCP Suffolk has received from Fashion Delivers over the past two months are linens and towels for several of our residences, interview and work appropriate clothing for individuals served through The Employment Connection, hundreds of pairs of socks, and beautiful children's pajamas. We expect that this is just the beginning of a long and wonderful relationship.



Adult Day Service Program Participants Enjoy Delivery of New Socks

Honoring Our Greatest Assets

We honored UCP's greatest assets during National Direct Support Professionals Week in September 2011. An appreciation breakfast was held at our Hauppauge and Bohemia Adult Day Services sites and a luncheon at our Indian Head Road Residence, to celebrate the invaluable role our Direct Support Staff play in caring for the individuals we serve and truly creating Life Without Limits. DSPs are not only support givers they are advocates, teachers and friends.



60th Anniversary (Continued from page 1)

becoming United Cerebral Palsy Association of New York State, Suffolk County Committee. The growth of the school aged population and the need for more rooms for adult programs necessitated relocating our youngsters to the Smith's Lane School, known today as the UCP Children's Center.

The 1980's

The 80's were a time of major growth with United Cerebral Palsy Association of Greater Suffolk becoming an autonomous affiliate of the national association. A new Adult Day Treatment Program took over the "portables" and Vocational Rehabilitation spread to several locations introducing Supported Employment Services, in addition to evaluation and an on-site workshop. The Children's Center added an eight week summer component. Seven family-sized Intermediate Care Facilities (ICF's) were acquired from New York State, starting our Residential Program, which soon expanded with the transformation of the Indian Head Road building into a community



residence for 31 people. This was the first non-nursing home on Long Island to offer residential care to adults with physical disabilities.

The 1990's

We ended the 20th century with extraordinary growth and expansion. A revitalized Diagnostic and Treatment Center re-opened in the portables at Indian Head Road. A 57,000 square foot site acquired in the Hauppauge Industrial Park was completely renovated to house Adult Day Programs welcoming over 250 individuals daily, and all administrative offices. The Residential Program more than doubled in size, adding Individual Residential Alternatives (IRA's) for persons needing less direct support. A HUD grant facilitated the purchase of land and construction of a 13 unit fully accessible apartment complex, created for people with developmental disabilities who could live independently. New programs/services included Day Habilitation, Creative Arts, Service Coordination and Mobility Opportunities via Education – MOVE, an innovative approach to functional movement and independence.



the Community Program Centers (CPC) offering Day Care services for preschoolers and the Day Haven Program for frail, elderly adults affected by dementia. The Children's Residential Program was initiated with two beautiful homes featuring 24/7 nursing and the integration of our School Age Education Program. The agency was named Long Island's Outstanding Not-for-Profit organization by both the LIA (Long Island Association) and the HIA (Hauppauge Industrial Association). After many years of planning, the UCP Suffolk Health Center opened, providing a compendium of medical and clinical services in a spacious, fully accessible setting.

It is with great pride that we look back over our 60 year history, of offering exemplary programs and services to persons with disabilities. We look ahead to fulfilling our commitment to creating opportunities for Life Without Limits.



The 21st Century

As the new decade and century began, UCP Suffolk acquired

Healthy Feet, Happy Feet

One of the many medical services offered at our Health Center is Podiatry. The newly expanded service is an essential part of the array of medical specialties our staff at the UCP Health Center provides to patients. Our medical professionals have a high level of experience and expertise rendering care to persons with and without disabilities.

The Health Center offers full comprehensive Podiatric care, including, but not limited to: treatment of infections of the skin and nails; treatment of ingrown nails; removal of corns, calluses, and warts; sports injuries of the foot and ankle; and care for diabetics who encounter related vascular problems. Board certified podiatrists are a part of the interdisciplinary team which provides coordinated medical care. They work closely with rehabilitation professionals and on-site orthotists to ensure the highest degree of clinical quality in securing and fitting orthotic devices.

The four UCP Suffolk Podiatrists, Drs. Dawn Figlo, Anna Maria Giordano, Daniel Orozco, and Stuart Plotkin, see patients at our comprehensive Health Center in Central Islip, as well as the Port Jefferson Station and Hauppauge satellite clinic locations. For more information on this and other services available, or to make an appointment please call the Health Center at 631-439-4300.

Elder Care Professionals Recognized

Day Haven Adult Day Services welcomed 140 guests to its Neighborhood of Caring Breakfast, a biennial fundraiser honoring professionals and organizations in the community.

“Day Haven’s services are an important part of maintaining dignity and quality of life for frail older adults and those with Alzheimer’s,” explained Elizabeth Geary, Director of Day Haven, a UCP affiliate program, at the event. “We don’t do it alone, however. We rely on other experts in the field of aging to help us help elders and families receive comprehensive, high quality services. This year’s honorees were chosen because of their outstanding service to the Long Island community. We are delighted to recognize them.”

They were: Sandra Butler, RN, MS, from the Nesconset Center for Nursing and Rehabilitation; Angela Cammarata, LCSW-R, of St. Joseph’s Village in Selden; David R. Okrent, CPA, Esq., from The Law Offices of David R. Okrent; Stephanie Pacchiano of United Lifeline and United Home Services; Jefferson’s Ferry Lifecare Retirement Community in South Setauket; and The Pilot Club of Sayville.

It Pays to Belong!



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UCP Suffolk is pleased to have joined the TD Bank Affinity Membership Program. As such, TD Bank will make an annual donation to UCP based on the number of customers who indicate an “Affinity” for UCP Suffolk.

In other words, if YOU bank at TD Bank (checking account, savings account, Money Market, CD’s, IRA’s) just stop into your local branch or call 1-631-751-9000 and mention UCP Suffolk. UCP will NOT know that you called, or anything about your account...but your membership in the UCP Affinity Membership group will increase the donation our agency receives from TD Bank. OR, open a new account and mention UCP Suffolk.

This is an easy, wonderful, cost-free way for any Possibilities readers, friends or family members to support UCP Suffolk and create Life Without Limits for people with disabilities. Marsha Gittleman, Director of our Development Department, 631-232-0015 is happy to answer any questions about this exciting opportunity.

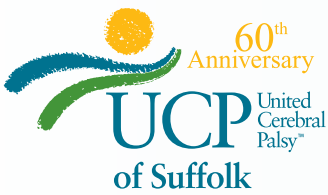
UCP & Day Haven Collaborate

Barbara Allen, Director of Adult Day Treatment, recently called on the expertise of the staff of Day Haven Adult Day Services to address the needs of her aging program population. Day Haven, in Port Jefferson and Ronkonkoma, is an affiliated program of UCP Suffolk and provides day-time care and therapeutic recreational activities for frail older adults and individuals with Alzheimer’s disease. Barbara recognized that Day Treatment staff needed to understand how to respond to and communicate with our aging participants who might exhibit symptoms of Alzheimer’s.

According to Julie Wexler, Day Haven’s Outreach Coordinator, “Alzheimer’s is a progressive disease that affects an individual’s cognitive functioning including memory, communication ability, and one’s ability to care for oneself. The chance of having the disease increases with age.”

Julie and Diane Van Velsor, a Recreation Therapist from Day Haven, provided training to staff at our Marcus Blvd. facility, in Hauppauge. Both Julie and Diane are certified as Qualified Dementia Care Specialists. The discussions included how the progression of the disease affects behaviors and communication ability and how staff can provide meaningful activities that will support functioning and quality of life.

According to Barbara, “As a result of the training, I am confident UCP’s Day Treatment staff will be able to continue to provide individuals with disabilities high-quality services and programs while our population ages.”



250 Marcus Boulevard
Hauppauge, New York 11788

Our mission is to advance the independence, productivity, and full citizenship of people with cerebral palsy and other disabilities.



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UCP Suffolk is one of the largest of 100 affiliates in the United Cerebral Palsy network. For 60 years, it has been a leader in assisting people with disabilities. UCP Suffolk provides services and programs for almost 3,500 children and adults with disabilities and their families. Of the program participants 35% have cerebral palsy while 65% have other developmental and acquired disabilities.

UCP Suffolk has received numerous awards for self-advocacy, leadership, programs and publications. Nationally, UCP has been recognized as one of the most efficient not-for-profit agencies in the country. At UCP Suffolk, more than 92 cents of every dollar is spent directly on programs and services.

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UCP Suffolk is a non-profit, independent health agency serving the needs of Suffolk County residents with cerebral palsy and other developmental and acquired disabilities regardless of race, color, creed, national origin, sex and age. It is a United Way member agency.



Planning for Your Future & Ours

As we enter a new decade and our 60th Year, many of us are looking with optimism to the future. A positive note for the philanthropic minded is the extension of the IRA Rollover Provision, which allows donors age 70 1/2 and over to transfer up to \$100,000 from an IRA account directly to qualified organizations like UCP Suffolk with NO income tax penalty.

Other opportunities to show your support for our programs and services include gifts made in 2011 that can yield 2010 donor benefits. One such possibility which is always available is a UCP Suffolk Charitable Gift Annuity, a contractual agreement that exchanges a donation of cash or marketable securities for guaranteed fixed lifetime payments to the donor, spouse or other specified annuitant. This is truly a "Win/Win" situation and especially ideal for donors 60 and over where everyone involved benefits.

Retirement Plans, Life Insurance, Real Estate and Charitable Lead or Remainder Trusts can enable a caring donor to create a gift much larger than his/her initial investment, maintain a legacy for family members and derive tax benefits.

Of course, a basic bequest is a wonderful way to extend your commitment to our mission and ensure financial support that will impact generations to come. There are a variety of ways to accomplish this most meaningful gift, and our Development Office is happy to help you review your options and decide what might work best for you. Please call (631) 232-0015 today and ask how you can partner with us to create Life Without Limits for people with disabilities.

It's Never Too Early

Although Fall has just begun, the Holiday Season is not far behind. Instead of waiting until the last minute to find the perfect "Stocking Stuffer", Teacher or Hostess gift, call the UCP Development Office today at (631) 232-0015 to order beautiful UCP Suffolk note cards in packets of 12.