



For Immediate Release
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West Babylon High School Students Participate in Mentoring Program at Day Haven Adult Day Services

Port Jefferson, NY... Catherine Erdelyi and Amanda Poulos, 10th grade students at West Babylon High School, recently had an opportunity to shadow staff at Day Haven Adult Day Services in Port Jefferson. The social model adult day services program, with centers in Port Jefferson and Ronkonkoma, NY, offers day-time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. The students had the privilege of "shadowing" Ms. Ethel Thomas, supervisor and recreation therapist at Day Haven.

According to Catherine, "I learned a lot about what they experience with memory loss and how helpful it is for them to have a place to go and enjoy the company of others. At Day Haven they meet old and new friends, share memories, just relax and have a good time."

Ms. Thomas states that the older generation is the fastest growing segment of our population and the number of individuals living with Alzheimer's is expected to triple in the coming decades. "With these kinds of statistics it is imperative that we train and mentor the next generation for careers in the field of aging," Thomas explained.

For more information, contact Julie Wexler, Outreach Coordinator, at (631) 585-2020, ext. 260.



About Day Haven

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia and also offering caregivers' services such as support groups, educational events and information and referral services. Day Haven is a program of The Community Programs Center of Long Island.

Day Haven Adult Day Services
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