



For Immediate Release  
Date: January 27, 2009  
Contact: Julie Wexler  
Phone: (631) 585-2020  
Email: dayhavenlongisland@yahoo.com

## **Day Haven Offers Free Support to Family Caregivers**

(Ronkonkoma, NY)... Day Haven Adult Day Services, providers of day time care and therapeutic activities for frail older adults and individuals with Alzheimer's disease or a related dementia, offers **free** monthly caregiver support groups for family caregivers. Support groups at Day Haven provide emotional support and practical advice when caring for a frail older adult or someone with memory loss. The groups meet at the following times:

**Second Tuesday of each month**, 6:00 p.m. to 7:30 p.m., 2210 Smithtown Avenue, Ronkonkoma  
Upcoming meeting dates: February 10, March 10, April 14, and May 12, 2009

**Last Friday of each month**, 10:00 a.m. to 11:30 a.m., 2210 Smithtown Avenue, Ronkonkoma  
Upcoming meeting dates: February 27, March 27, April 24, and May 29, 2009

**First Wednesday of each month**, 6:30 p.m.– 8:00 p.m., 1 Jefferson's Ferry Drive, South Setauket, NY.  
Upcoming meeting dates: February 4, March 4, April 1, and May 6, 2009

**Third Wednesday of each month**, 1:00 p.m. – 3:00 p.m., 185 South Country Road, Bellport, NY.  
Upcoming meeting dates: February 18, March 18, April 15, and May 20, 2009

On-site, professional care for frail older adults and those with Alzheimer's is available during the meetings free of charge. Please call ahead to confirm the dates and to make a reservation if you need care for your loved one. For more information, please call Julie Wexler at Day Haven Adult Day Services, (631) 585-2020, ext. 260.

Caregiver Support Groups at Day Haven Adult Day Services are supported in part by an Alzheimer's Disease Community Service Program grant from the New York State Department of Health.

### **About Day Haven**

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. Caregiver Support Groups, free on-site care, and one-on-one support are funded in part by the New York State Department of Health Alzheimer's Disease Community Service Program Grant.

Day Haven Adult Day Services  
2210 Smithtown Avenue, Ronkonkoma, NY 11779  
(P) 631-585-2020 (F) 631-585-8681 [www.dayhaven.org](http://www.dayhaven.org)