



For Immediate Release
Date: November 10, 2008
Contact: Julie Wexler
Phone: (631) 585-2020
Email: dayhavenlongisland@yahoo.com

Day Haven Adult Day Services Celebrates National Caregivers' Month

(Ronkonkoma, NY)... In honor of National Caregivers' month, November 2008, Day Haven Adult Day Services would like to announce the dates for its upcoming caregiver support groups. Day Haven holds free monthly caregiver support groups for family caregivers. Support groups at Day Haven provide emotional support and practical advice when caring for a frail older adult or someone with memory loss. The groups meet at the following times:

Second Tuesday of each month, 6:00 p.m. to 7:30 p.m., 2210 Smithtown Avenue, Ronkonkoma
Upcoming meeting dates: December 9th, January 13th, February 10th, and March 10th.

Last Friday of each month, 10:00 a.m. to **11:30 a.m.**, 2210 Smithtown Avenue, Ronkonkoma
Upcoming meeting dates: November 21st, December 19th, January 30th, February 27th.

First Wednesday of each month, 6:30 p.m. – 8:00 p.m., 1 Jefferson's Ferry Drive, South Setauket, NY.
Upcoming meeting dates: December 3rd, January 7th, February 4th, March 4th.

Third Wednesday of each month, 1:00 p.m. – 3:00 p.m., 185 South Country Road, Bellport, NY.
Upcoming meeting dates: November 19th, December 17th, January 21st, February 18th.

On-site professional care for frail older adults and those with Alzheimer's is available during the meetings free of charge. Please call ahead to confirm the dates and to make a reservation if you need care for your loved one. For more information, please call Julie Wexler at Day Haven Adult Day Services, (631) 585-2020.

A proclamation by the President of the United States of America states that during National Family Caregivers Month the nation recognizes and celebrates the many individuals throughout our country who work each day to ensure a better quality of life for their family members. Through their selfless action, these caregivers provide their loved ones support and comfort as they age, combat illness, or suffer from disability. More information about National Caregivers' month can be found by visiting <http://www.whitehouse.gov/news/releases/2008/10/20081029-2.html>.

About Day Haven

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. Caregiver Support Groups, free on-site care, and one-on-one support are funded in part by the New York State Department of Health Alzheimer's Disease Community Service Program Grant.

Day Haven Adult Day Services
2210 Smithtown Avenue, Ronkonkoma, NY 11779
(P) 631-585-2020 (F) 631-585-8681 www.dayhaven.org