



For Immediate Release
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Day Haven Adult Day Services Offers Free Programs for People with M.S.

(Ronkonkoma, NY)... Day Haven Adult Day Services in Ronkonkoma will host a weekly socialization and recreational group for people living with M.S. (Multiple Sclerosis.)

The weekly group for people with M.S. will begin Monday, September 15, 2008 and will run for ten weeks through Monday, November 24, 2008. Participants will enjoy crafts, games, discussion groups, a hot meal, snacks, and the company of others also living with the disease. The group meets at 2210 Smithtown Avenue, Ronkonkoma, NY, 11:30 a.m.– 3:30 p.m.

“Staying active is an important part of staying healthy when you have a diagnosis of M.S. This is a great way to stay involved in the community. We also learn from each other and support one another,” says Eleanor Rueb, the group’s facilitator.

Participation is free. Enrollment is ongoing. Pre-registration is required by calling Eleanor at (631) 585-2020. Funding for this program is provided by the National M.S. Society, Long Island Chapter.

For more information about Day Haven Adult Day Services or the M.S. group, contact Julie Wexler at (631) 585-2020 or visit www.dayhaven.org.

About Day Haven Adult Day Services

Day Haven Adult Day Services is a social model adult day services program providing day-time care and therapeutic recreation for frail older adults and those with Alzheimer’s or a related dementia. Day Haven also offers caregiver services such as support groups, educational events and respite care. Day Haven is a not-for-profit organization.

Day Haven Adult Day Services
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