



For Immediate Release
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Day Haven to Host Educational Events for Caregivers

(Ronkonkoma, NY)... Day Haven Adult Day Services will host a FREE educational event for family caregivers caring for a person with Alzheimer's disease or a related dementia.

On Tuesday, December 9, 2008, 6:30 p.m. – 8:30 p.m., Teepa Snow, a nationally recognized dementia care and education specialist, will present "Practical Strategies in Caring for Persons with Dementia at Home." Attendees will learn about the disease process and why it leads to behavioral changes and will **also learn how to or have an opportunity to** build skills in caring for their loved ones at home. This event will take place at Day Haven Adult Day Services, 2210 Smithtown Avenue, Ronkonkoma, NY.

"Resistance to personal care, such as bathing, dressing, and grooming, is common when caring for people with dementia," states Elizabeth A. Geary, Director of Day Haven. "Ms. Snow has developed simple techniques that can change resistance to care into participation in care. This can make the difference in being able to cope with the many challenges of caring for a loved one at home," adds Geary.

This event is **free** and funded in part by a Community Services Program Grant from the New York State Department of Health. Space is limited. **Pre-registration is required. For more information and to register, please call Julie Wexler at (631) 585-2020, ext. 260.**

About Day Haven

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care, socialization and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia.

Day Haven Adult Day Services
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